

## Employee Wellness Committee conduct breast cancer awareness

October month is celebrated internationally as Breast Cancer Awareness month. Over the years cancer has claimed the lives of many people. It is in this regard that the Employee Wellness Committee organized the Breast Cancer awareness day.

The event was graced by two phenomenal women, one being a breast cancer survivor, Ms. Faith Kgoro and Dr. Tshegofatso Gopane a medical doctor in Kuruman.

Ms Kgoro talked about her plight as a cancer victim to a survivor. She was diagnosed in 2010 and like many women; she was on stage three but through chemotherapy and radiation she managed to beat the disease. She encouraged employees to accept themselves when diagnosed with any disease, to eat healthy, to talk openly about the disease and above all to put everything before God. She also reiterated the importance of testing because when detected early, one can get cured. Ms. Kgoro also emphasised getting support from family members because it is important for one to share information.

Dr. Gopane reiterated what Ms Kgoro said when she did her presentation on different types of cancers and the importance of health screenings.

Councillor Omphemetse Mogodi spoke on behalf of the Executive mayor and shared her knowledge of the disease and encouraged employees to test themselves and to share that knowledge with others. She also discouraged people from taking other people's medication as it fatal to do so.



Ms Faith Kgoro, a cancer survivor who motivated employees, **behind-** Councillor Omphemetse Mogodi



Councillors and employees of John Taolo Gaetsewe District municipality at the Breast Cancer awareness day